



RelieVR_xTM

Getting Started:

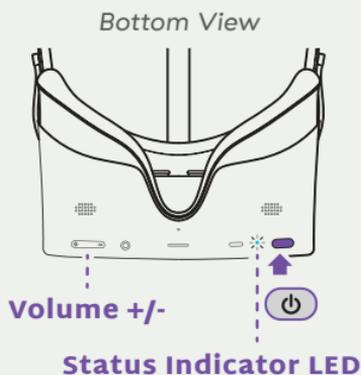
The VR_x kit comes with:

- Pico G2 4K headset, with Breathing AmplifierTM
- USB-C charging cord and wall charger
- Protective case

1 Power on the headset.

Locate the  POWER button and LED light on the **bottom of the headset**.

Long press the  POWER button and wait for the **BLUE** LED light to turn on.

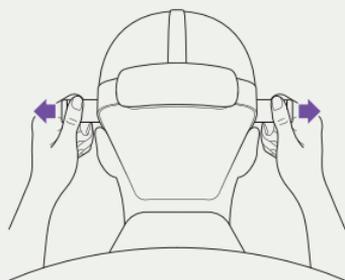


Note: To Power Off, long press the power button for a full **3 seconds** until the screen goes black.

2 Put on the headset.

Adjust the side straps so it fits comfortably.

Note: If you wear glasses, you can wear them under the VR headset. The headset fits most standard glasses with a frame width of less than 160 mm.



3 Ready to Start.

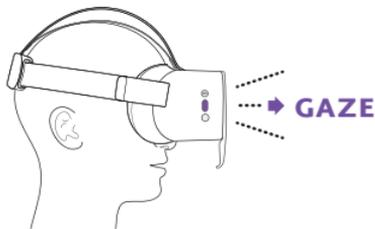
Once you power up your headset for the first time, a series of onboarding screens will guide you through: fitting your headset properly, using the GAZE-BASED cursor, and connecting to WiFi. Onboarding includes a program overview and information on the first session.

- Your daily session will appear on the Home Menu.
- Each daily session can range from **3–15 minutes**.
- Complete **NO** more than one session per day.
- To Power Off, long press the power button for a full **3 seconds** until the screen goes black.

To prevent damage to the device, store the headset in its provided case when not in use.

Using Gaze controls:

GAZE-BASED controls keep you from being tethered to a controller, and make our system more accessible to those with limited mobility.



Note: The  GAZE cursor follows the motion of your head. To use your gaze to make selections, **focus your gaze and hold** the  dotted circle over any button and wait for the button to fill or press the  SELECT button on the side of the headset.

Get to Know Your System:

 **MENU** - button brings up the In-App Menu if it is pressed while in an experience

 **HOME** - button returns to Home Menu with a Short Press; the home button will also recenter the headset with a Long Press

 **SELECT** - button can be used to make a selection

 **SETTINGS** - icon launches Settings Menu

 **COMPASS** - icon reorients the interface screen

Connect to WiFi:

You can connect to WiFi during onboarding OR navigate to the settings menu to connect to WiFi at any time.

- 1 Use  GAZE to focus and activate the  SETTINGS icon at the lower center of the Home Menu.



Settings Icon

- 2 Use  GAZE to focus and activate the 'Connect to WiFi' button on the left panel of the menu

Connect to WiFi

- 3 Use  GAZE to select your network from the list of WiFi networks.

Your WiFi Network



WiFi Network



WiFi Network



- 4 Enter password and connect.

- A. **Enter password.** Enter one character at a time by gazing at each character. Hold your  GAZE to confirm each character of your password.
- B. Use  GAZE to focus on the **Submit** button directly below your password to start the connection process.

- 5 As your WiFi connects, you can see the process on your screen along with any additional information necessary to completing WiFi setup.

Once you have successfully connected, you will be automatically returned back to the home menu.



Headset



WiFi Network



Internet

Note: WiFi is optional but recommended. By turning on the WiFi, AppliedVR will collect the information outlined in our privacy policy, which is available here: www.appliedvr.io/privacy-policy.

Device Care



To ensure you return the RelieVRx™ device in good, working condition inside its original protective case:

- Always follow instructions included with the device.
- Keep the device in its protective case when not in use.
- Refrain from smoking while using the device.
- **DO NOT** expose the headset to direct  sunlight (permanent damage can occur in less than a minute).
- Carefully choose the locations where you use/store the device. **DO NOT** use/store it outdoors, on a balcony or windowsill, or in a vehicle.
- Take extra care when transporting the device and always use its protective case.

For support, please contact:

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